

Ardeshiri, Maryam M.D.

Associate Professor of Endocrinology & Metabolism

Academic Address:

Shaheed Rajaei Cardiovascular, Research Center, Vail- Asr Avenue ,
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- Date of birth: Sep 21 1966
- Place of birth: Tehran - Iran
- Citizenship: Iranian
- Marital Status: Married

Qualification:

- Medical School: Shaheed Beheshti University of Medical Science (SBUMS), Tehran, Iran (1985-1993)
- Permanent License of Medicine: (1993)
- Board Certification: Iranian Board of Internal Medicine. Ahwaz University of Medical Science (1996)
- Fellowship: Fellowship in Adult Endocrinology & Metabolism Shaheed Beheshti University of Medical Science (SBUMS) (2000-2002)
- Board Certification is subspecialty : Iranian Board of Adult Endocrinology and Metabolism (2002)

Fields of Interest:

- Diabetes Mellitus
- Metabolic syndrome
- Thyroid disease
- obesity

Work experiences:

- Internship: Tehran , Iran (2000-2002)
- Professor Internal Medicine, Qom, Iran (1996-2002) in Shaheed Beheshti Hospital in Fatemieh University
- Residency: Internal Medicine, Ahwaz, Iran (1993-1996)

Academic and Official appointment:

- Member of Iranian Internal Medicine Association (1996-Present)
- Associate Professor of Internal Medicine, Fatemieh University of Medical Science (1996-2000)
- Head of Internal Ward Shaheed Beheshti Hospital, Qom (1997-2000)
- Associate professor of Endocrinology and Metabolism Shaheed Rajaei University of Medical Science (2002-Present)
- Member of Iranian Endocrine Society (2002-Present)
- Member of Diet committee of Shaheed Rajaie Hospital(2008-Present)
- Member of Iranian Obesity Society (2009-Present)
- Member of intervention committee of Shaheed Rajaei University of Medical Science (2009-2010)
- Member of Asia and Oceania thyroid association (AOTA) (2010-present)

Teaching experiences:

- Pathophysiology of internal medicine for medical student, Fatemieh University of medicine Science Qom-Iran (1996-2000)
- Endocrine physiology and disease for (Advance ICU Course for Nursing) , Iran university of medicine science, Tehran-Iran 2002-present)

Teaching experiences:

- 1-Advanced clinical Research Workshop. Feb 2002. Tehran, Iran.
- 2- Endocrine Evidence base Medicine 2003 Apr, Tehran-Iran.
- 3- ICDL Diploma. 2004. Tehran-Iran.

- 4- Diabetes Care symposium .2004 Jun, Tehran-Iran.
- 5- Osteoporosis diagnosis course in collaboration international osteoporosis Federation (IOF). March 8-9, 2008, Tehran, Iran.
- 6-Prevention control & management osteoporosis. Work shop with collaboration international osteoporosis Federation (IOF) 2009. Tehran, Iran.
- 7- Clinical Epidemiology Work Shop. Short courses .Feb 2010-Sep2010, Tehran-Iran.
- 8-Professional of Skills in Clinical Epidemiology courses .Feb 2010-Sep2010, Tehran-Iran.
- 9- Introduction to Good Clinical Practice (work shop) in collaboration of Vienna School of Clinical Research. 18-19 Feb 2010. Istanbul-Turkey.

Presentations and publications:

1- Abstract:

- 1-Diabetic foot management. Ardeshiri M. Diabetic Care and Management symposium. Oral presentation, 2001 Feb, Tehran-Iran.
- 2-Bone Metabolism and physiology. Ardeshiri M. Bone Disorder symposium. oral presentation 2001 Dec, Tehran-Iran
- 3- Adrenal Congenital hyperplasia. Ardeshiri M. Adrenal Symposium. Oral presentation 2002 Jan, Tehran-Iran.
- 4-Biguanides. Ardeshiri M. New aspect in Diabetes Mellitus treatment. Oral presentation 2002 Nov, Tehran-Iran.
- 5-Autoimmune change in pregnancy. Ardeshiri M. Autoimmune Thyroid Disease Symposium .Oral Presentation.2002 Feb, Tehran-Iran.
- 6-PathoPhysiology of Lipid disorder. Ardeshiri M. Dyslipidemia Symposium. Oral presentation 2003 Nov, Tehran-Iran.
- 7-Prevalence of open angle glaucoma, glaucoma suspect and ocular hypertension in thyroid related immune orbitopathy. Rabei HM. Behroozi Z, Azizi F, Daftarian N, Ardeshiri M. Yazdian. 13th congresses of ESCRS Poster Presentation 10-14 Sep 2005, Lisbon, Portages.
- 8-Prevalence of eye manifestation in patients with grave's Ophthalmopathy. Ardeshiri M. Daftarian N, Mehrabi Y, Azizi F. 18th Iranian congress of internal medicine. Oral presentation, 2007, Tehran-Iran.
- 9- Etiology and treatment of Short stature. Ardeshiri M. Short stature symposium. Oral presentation. 2009 Mar, Tehran-Iran.
- 10 - Association Postprandial Hypertriglyceridemia with Ischemic Heart Disease. Rohi Gilani K., Ardeshiri M., Jadidi M.R., Khaje Hosseini. A. 1th International and 3th Iranian congress of Endocrine and Metabolism Update in collaboration AACE(American Associated of clinical Endocrinology) .Poster presentation nov 2010 Isfahan-Iran.
- 11- Effect of Exercise in Diabetes Mellitus. Ardeshiri M.1th annular cardiac rehabilitation symposium. Oral Presentation. May 2010, Tehran-Iran.
- 12- Association between admission blood glucose level and in hospital cardiovascular mortality and prognosis in patients with Acute Myocardial Infarction. Ardeshiri M, Salehi M, Ahmadabadi M, Bakshandeh H, Azizian A.R, Zandi T. oral presentation .Euro PCI congress, 17-20 May, 2011, France- Paris.

B) Articles:

1. Title: Surgery in Diabetic Patients.
Authors: Shahrzad M, Ardeshiri M. Aghakhani M.
Publish: Iran J Diabetes and Lipid. Summer 2002-2; 107-114.
2. Title: Open angle glaucoma in graves ophthalmopathy.
Authors: Behrooz Z, Rabei HM. Azizi F, Daftarian N, Ardeshiri M.
Publish: Journal of ophthalmology, Volume 8(6), summer 2003.
3. Title: Prevalence of eye manifestation in patients with grave's ophthalmopathy.
Authors: Ardeshiri M. Daftarian N, Mehrabi Y, Azizi F.
Publish: Iranian J of Endocrine & metabolism 2005 autumn, 7(3): 217-222.
4. Title: Prevalence of open angle glaucoma, glaucoma suspect and ocular hypertension in thyroid related immune orbitopathy.
Authors: Behrooz Z, Rabei HM. Azizi F, Daftarian N, Ardeshiri M.
Publish: J glaucoma, 2007 Jun-July 16(4): 358-362.
5. Title: Massive pericardial effusion: A rare cardiac manifestation in hypothyroidism.
Authors: Ardeshiri M, Shojaeifar M, Maleki M.
Publish: Iranian Heart Journal, 2010, 11(3): 43-46.
6. Title: Association between admission blood glucose level and in hospital cardiovascular mortality and prognosis in patients with Acute Myocardial Infarction.
Authors: Ardeshiri M, Salehi M, nasiri M, Bakshandeh H, Azizian A.R, Zandi T.
Publish: under press.
7. Title: Right ventricular dysfunction in diabetes mellitus.
Authors: Parsaei M, Bahmanziari P, Ardeshiri M.
Publish: under press.
8. Title: Impact of blood glucose level and in hospital cardiovascular mortality and prognosis in patients after CABG.
Authors: Ardeshiri M. Faritus S, Jamshidi M, Kargar F, Bakhshandeh H.
Publish: under press.
9. Title: Impact metabolic syndrome on CABG outcome.
Authors: Ardeshiri M. Faritus S, Jamshidi M, Kargar F, Bakhshandeh H.
Publish: under press.
- 10 Title: Correlation between HbA1C and post CABG complication.
Authors: Faritus S, Ardeshiri M. Jamshidi M, Kargar F, and Bakhshandeh H.
Publish: under press.

C: Books (In Persian Language)

Edited:

1. Title: Make an Effort to better Life with Diabetes
Authors: Ardeshiri M.
Publish: under press.

CME:

- 1 -Hypertension treatment symposium. 1998, Tehran-Iran.
- 2-5th Iranian congress of internal medicine. 1998, Tehran-Iran.
- 3-Lecture presentation .1998 mar, Qom-Iran.
- 4-10th Iranian congress of internal medicine. 1999, Tehran-Iran.
- 5 -7th Iranian congress of internal medicine. 2000, Tehran-Iran.
- 6-8th Iranian congress of infection disease and tropical medicine.16-20 Jan 2000. Tehran-Iran.
- 7 -New aspect in education and Diabetic treatment Seminar.2001 Jun, Tehran-Iran
- 8- The 1 congress of health and ramadan. October 10-12, 2001, Tehran-Iran.
- 9- New aspect in complication, treatment and Diabetic care symposium .2001 Apr, Tehran-Iran

- 10- Lipid and Metabolism symposium .2002 Jun, Tehran-Iran.
- 11-Vitamin D Disorder symposium .2002 Sep, Tehran-Iran
- 12- Growth Failure symposium .2002 Nov, Tehran-Iran
- 13 -Diabetes Mellitus and Pregnancy symposium .2002 Sep, Tehran-Iran
- 14-Thyroid Nodules and Cancers symposium .2002 Agu, Tehran-Iran.
- 15- Adrenal symposium .2002 oct, Tehran-Iran.
- 16-Autoimmune Thyroid Disease symposium .2002 Des, Tehran-Iran.
- 17 - Hypertension and Endocrine symposium .2003 Des, Tehran-Iran.
- 18- Metabolic Bone Disorder symposium .2003 Oct, Tehran-Iran.
- 19-International New aspect in Diabetic Seminar.2003 Mar, Tehran-Iran
- 20 - New aspect in Diabetic treatment symposium .2003 Mar, Tehran-Iran.
- 21- Hypertension and Endocrine symposium .2003 Des, Tehran-Iran.
- 22- Metabolic Bone Disorder symposium .2003 Oct, Tehran-Iran.
- 23-1th International preventable and non communicable Disease. Feb 2003, Tehran-Iran.
- 24- International seminar on prevention, diagnosis and treatment of osteoporosis in collaboration international osteoporosis foundation and Mediterranean society for osteoporosis. 23-24 September 2004, Tehran-Iran. 25-14th congress of Iranian heart association in collaboration with British cardiac society. Nov 23-26, 2004, Tehran, Iran.
- 26-PCOD and Hirsutism Symposium .2005 Jul, Tehran-Iran.
- 27-6th International seminar of Diabetic foot. 2005, Tehran-Iran.
- 28-13th Asian and Oceania congress of Endocrine and Metabolism. 2006 Aug, Tehran-Iran.
- 29 -17th Iranian congress of internal medicine.2006, Tehran-Iran.
- 30- 3th International seminar of new aspect to diabetes. 2007, Tehran-Iran.
- 31-14th Iranian congress of internal medicine. 2007, Tehran-Iran.
- 32- 1th International seminar of Diabetic foot. 15-17. Nov 2007. Tehran-Iran.
- 33-6th international congress of Endocrine disorders Jan 2007 .Tehran-Iran.
- 34- Diabetes connect .December 2008, Istanbul-Turkey.
- 35- International congress of pituitary disease. April 2008. Tehran-Iran.
- 36 -Prolactinoma Seminar. Mar 2008. Tehran-Iran.
- 37- (IOF) osteoporosis diagnosis course. March 8-9, 2008, Tehran, Iran.
- 38- 16th congress of Iranian Heart Association in Collaboration American College of cardiology. Nov 2008.
- 39-3th interventional cardiology. Jan 2008 .Tehran-Iran.
- 40- 1th Iranian Congress of prevention and management of obesity. 29-30 October 2008, Tehran-Iran.
- 41-Annual scientific meeting of the Lebanese society of Endocrinology, Diabetes and Lipids in collaboration AACE. 3-5 July 2009, Lebanon.
- 42-Dyslipidemia symposium. Oct 2009. Tehran-Iran.
- 43- 1th National congress of prevention and treatment of obesity. 2009, Tehran-Iran.
- 44-Thyroid Disease Seminar. Agu 2009. Tehran-Iran.
- 45 -Thyroid in Pregnancy and Breast feeding symposium. Jul 2009. Tehran-Iran.
- 46- 2th Iranian Congress of prevention and management of obesity. 29-30 October 2009, Tehran-Iran.
- 47- 8th international congress of Endocrine disorders and 2th Arab-Iran congress of Endocrinology and diabetes in collaboration with association of American clinical Endocrinology. 27-29 October 2009. Tehran-Iran.
- 48- Sexual Impairment symposium. Nov 2009. Tehran-Iran.
- 49- Short Stature symposium. 2009 Mar, Tehran-Iran.
- 50- Prevention control & management osteoporosis. Work shop with collaboration international osteoporosis Federation (IOF) 2009. Tehran, Iran.
- 51- 10th congress of internal medicine society. Tehran-Iran.
- 52- Introduction to good clinical practice a collaboration of Vienna school of clinical research (work shop). 18-19 Feb 2010. Istanbul-Turkey.
- 53- Obesity in Adolescence symposium. Mar 2010. Tehran-Iran.
- 54 -Diabetes and Pregnancy symposium. Feb 2010. Tehran-Iran.
- 55-Hyperthyroidism and Hypothyroidism symposium. Jan 2010. Tehran-Iran.
- 56-1th annular cardiac rehabilitation symposium. 2010, May, Tehran-Iran.
- 57-Diabetic Neuropathy symposium .2010 Oct, Tehran-Iran.
- 58- Lecture presentation in International seminar. May 2010. Tehran-Iran.
- 59-News Events in Insulin Treatment symposium .2011 Feb, Tehran-Iran.
- 60-Hyperthyroidism Treatment symposium .2011 Jan, Tehran-Iran

- 61- Acromegaly and Hyperprolactinemia symposium .2011 Feb, Tehran-Iran.
- 62-Treatment of Severe ischemia in lower Limbs symposium .2011 Jan, Tehran-Iran.
- 63-3th interventional cardiology. May 2011 .Tehran-Iran.
- 64-17th congress of Iranian Heart Association. Nov 2011. Tehran-Iran.
- 65 -Oral Hypoglycemic agents symposium .2011,May, Tehran-Iran